2019-20 All Metro League
Swim & Dive Award Recipients

FIRST TEAM

➢ 200 Medley Relay
   1. O’Dea High School: Hayes, Nathan / Schutte, Aidan / Leary-Bignayan, Zachariah / McGrath, Jack
   2. Lakeside School: Baker, Alex / Hipps, Charlie / Wang, Justin / Young, Darren
   3. Bainbridge High School: Chapman, Ben / Witty, Andrew / Stewart, Tyler / Bannister, Oskar

➢ 200 Freestyle
   1. Wenker, Jude – Bainbridge High School
   2. Hayes, Nathan – O’Dea High School
   3. Mayfield, Caden – Lakeside School

➢ 200 Individual Medley
   1. Leary-Bignayan, Zachariah – O’Dea High School
   2. Witty, Andrew – Bainbridge High School
   3. Young, Derek – Lakeside School

➢ 50 Freestyle
   1. McGrath, Jack – O’Dea High School
   2. Young, Darren – Lakeside School
   3. Smith, Lucas – O’Dea High School

➢ 1 mtr Diving
   1. Liberman, Kiernan – Bainbridge High School
   2. Taylor, Brian – Bainbridge High School
   3. Griffith, Jack – Roosevelt High School

➢ 100 Butterfly
   1. Baker, Alex – Lakeside School
   2. Wang, Justin – Lakeside School
   3. Stewart, Tyler – Bainbridge High School

➢ 100 Freestyle
   1. Wenker, Jude – Bainbridge High School
   2. McGrath, Jack – O’Dea High School
   2. Bannister, Oskar – Bainbridge High School
500 Freestyle
1. Butler, Jimmy – Eastside Catholic
2. Kukreja, Yatin – Garfield High School
3. Rosenberg, Bennett – Roosevelt High School

200 Freestyle Relay
1. Bainbridge High School: Villella, Harrison / Lipton, Ian / Stewart, Tyler / Wenker, Jude
2. O’Dea High School: Hayes, Nathan / Smith, Lucas / Leary-Bignayan, Zachariah / McGrath, Jack
3. Lakeside School: Baker, Max / Young, Derek / Mayfield, Caden / Young, Darren

100 Backstroke
1. Hayes, Nathan – O’Dea High School
2. Zhang, Jaden – Lakeside School
3. Macias, Dylan – Roosevelt High School

100 Breaststroke
1. Freeman, Remy – Garfield High School
2. Witty, Andrew – Bainbridge High School
3. Leary-Bignayan, Zachariah – O’Dea High School

400 Freestyle Relay
1. Bainbridge High School: Bannister, Oskar / Witty, Andrew / Lipton, Ian / Wenker, Jude
2. Lakeside School: Zhang, Jaden / Baker, Max / Baker, Alex / Mayfield, Caden
3. Eastside Catholic: Gasson, Louis / Butler, Jimmy / Butler, Jonny / Arnold, Charlie

SECOND TEAM

200 Medley Relay
1. Garfield High School: Tran, Ien / Freeman, Remy / Mahoney-Schaefer, Max / Webbeking, Blaise
2. Roosevelt High School: Macias, Dylan / Andrews, Cole / Yang, Justin / Kahn, Danny

200 Freestyle
1. Butler, Jimmy – Eastside Catholic
2. Butler, Jonny – Eastside Catholic
3. Zhang, Jaden – Lakeside School

200 Individual Medley
1. Freeman, Remy – Garfield High School
2. Wang, Justin – Lakeside School
3. Fynaardt, Nick – O’Dea High School

50 Freestyle
1. Ingraham, Tate – West Seattle High School
2. Kahn, Danny – Roosevelt High School
3. Panos, Stavros – Lakeside School
➢ 1 Meter Diving
   1. Sauermann, Henry – Bainbridge High School
   2. Smith, Lucas – O’Dea High School
   3. Weibel, Guy – Bainbridge High School

➢ 100 Butterfly
   1. Cohen, Ben – Bainbridge High School
   2. Butler, Jonny – Eastside Catholic

➢ 100 Freestyle
   1. Baker, Max – Lakeside School
   2. Ingraham, Tate – West Seattle High School
   3. Becker, Jacob – Roosevelt High School

➢ 500 Freestyle
   1. Bracilano, Coen – Roosevelt High School
   2. Mahoney-Schaefer, Max – Garfield High School
   3. Chew, Kyle – Ballard High School

➢ 200 Freestyle Relay
   2. Eastside Catholic: Gasson, Louis / Sieglock, Andrew / Butler, Jimmy / Butler, Jonny
   3. Bishop Blanchet: Martin, Michael / Gillespie, Max / Heffernan, Owen / Martin, Evan

➢ 100 Backstroke
   1. Jang, Matthew – Seattle Preparatory School
   2. Chapman, Ben – Bainbridge High School
   3. Wei, Vincent – Lakeside School

➢ 100 Breaststroke
   1. Sbacchis, Mattia – West Seattle High School
   2. Schutte, Aidan – O’Dea High School
   3. Hipps, Charlie – Lakeside School

➢ 400 Freestyle Relay
   2. O’Dea High School: Sproule, Dam / Betenson, Connor / Kuiper, Josh / Palacian, Paco
   3. Bishop Blanchet High School: Martin, Michael / Langley, Jake / Marona, Sly / Martin, Evan